

## September 2016

| sun | mon | tue | wed                                                                     | thu | fri | sat |
|-----|-----|-----|-------------------------------------------------------------------------|-----|-----|-----|
|     |     |     |                                                                         | 1   | 2   | 3   |
| 4   | 5   | 6   | 7                                                                       | 8   | 9   | 10  |
| 11  | 12  | 13  | 14<br>m GSL Cross Country<br>Event #1 at Mead HS:<br>Mead, NC & G-Prep  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21<br>m GSL Cross Country<br>Event #2 at Mead HS:<br>Mead & Shadle      | 22  | 23  | 24  |
| 25  | 26  | 27  | 28<br>m GSL Cross Country<br>Event #3 at Liberty<br>Lake: U-High & Mead | 29  | 30  |     |

## October 2016

| sun | mon | tue | wed                                                                                    | thu | fri | sat                                                                 |
|-----|-----|-----|----------------------------------------------------------------------------------------|-----|-----|---------------------------------------------------------------------|
|     |     |     |                                                                                        |     |     | 1                                                                   |
| 2   | 3   | 4   | 5                                                                                      | 6   | 7   | 8                                                                   |
| 9   | 10  | 11  | 12<br>m GSL Cross Country<br>Event #4 at Comstock:<br>Ferris, Mead & LC                | 13  | 14  | 15                                                                  |
| 16  | 17  | 18  | 19<br>m GSL Cross Country<br>Event #5 at Franklin:<br>Rogers, Mead, Mt<br>Spokane & CV | 20  | 21  | 22<br>m Cross Country<br>JV/Frosh GSL<br>Championships @<br>Mead HS |
| 23  | 24  | 25  | 26                                                                                     | 27  | 28  | 29<br>m Cross Country<br>3A/4A Regionals @<br>MCC                   |
| 30  | 31  |     |                                                                                        |     |     |                                                                     |

## November 2016

| sun | mon | tue | wed | thu | fri | sat                                                                                                                    |
|-----|-----|-----|-----|-----|-----|------------------------------------------------------------------------------------------------------------------------|
|     |     | 1   | 2   | 3   | 4   | 5<br>Cross Country 3A/4A<br>State @ Pasco<br>m Cross Country<br>STATE<br>CHAMPIONSHIPS at<br>Sun Willows GC<br>(Pasco) |
| 6   | 7   | 8   | 9   | 10  | 11  | 12                                                                                                                     |
| 13  | 14  | 15  | 16  | 17  | 18  | 19                                                                                                                     |
| 20  | 21  | 22  | 23  | 24  | 25  | 26                                                                                                                     |
| 27  | 28  | 29  | 30  |     |     |                                                                                                                        |