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|----------------|----------|---|------------------------------|
| Date | Start | Event Name | Location |
| Wed 09/14/2016 | 4:00 pm | GSL Cross Country Event #1 at Mead HS: Mead, NC & | Mead HS Cross Country Course |
| | | G-Prep | |
| Wed 09/21/2016 | 4:00 pm | GSL Cross Country Event #2 at Mead HS: Mead & | Mead HS Cross Country Course |
| | | Shadle | |
| Wed 09/28/2016 | 4:00 pm | GSL Cross Country Event #3 at Liberty Lake: U-High & | Liberty Lake County Park |
| | | Mead | |
| Wed 10/12/2016 | 3:30 pm | GSL Cross Country Event #4 at Comstock: Ferris, Mead | Comstock Park |
| | | & LC | |
| Wed 10/19/2016 | 3:30 pm | GSL Cross Country Event #5 at Franklin: Rogers, Mead, | Franklin Park |
| | | Mt Spokane & CV | |
| Sat 10/22/2016 | 10:00 am | Cross Country JV/Frosh GSL Championships @ Mead | Mead HS Cross Country Course |
| | | HS | |
| Sat 10/29/2016 | 1:00 pm | Cross Country 3A/4A Regionals @ MCC | TBA |
| Sat 11/05/2016 | All Day | Cross Country 3A/4A State @ Pasco | Sun Willows Golf Course |
| Sat 11/05/2016 | 10:00 am | Cross Country STATE CHAMPIONSHIPS at Sun Willows | Sun Willows Golf Course |
| | | GC (Pasco) | |